

CLUB RULES AND REGULATIONS

- Gymnasts should be dressed appropriately for training (leotard or shorts and T shirt) and <u>ALL</u> jewellery should be removed prior to training. Coaches have the right to refuse Gymnasts participation on the grounds of reasonable safety if they attend inappropriately dressed. All gymnasts should arrive in appropriate sportswear.
- Gymnasts must not leave the premises alone after training under any circumstances & must be collected promptly at the end of their sessions. All parents must collect and drop off their children in reception. We will not allow gymnasts to walk to the car park alone.
- If a gymnast is unable to attend training, the Head Coach should be notified prior to the session. If a gymnast is absent for 3 consecutive weeks without notification it will be assumed they are no longer attending and their place will be allocated to another.
- Gymnasts should arrive 5-10 minutes before their session, to ensure they are on time for training and should be dropped off to reception by their parent.
- ALL injuries or illnesses should be reported to your child's coach prior to the start of their session.
- No training is allowed without proper supervision.
- No gymnast should be left at the training centre unless two coaches/club officials are in attendance and other gymnasts are present.
- Gymnasts should behave appropriately in a controlled and safe manner in the gymnasium and treat the equipment and all coaches with respect.
- Fees should be paid at the beginning of every month and should be paid via our online system. The fees are a set
 amount each month and reflect all holiday closures. Please refer any problems to the Head Coach/Welfare
 Officer/Club Secretary in confidence. For any gymnasts training more than 3 hours per week, we may be able to offer
 a reduced monthly fee in some financial circumstances.
- The club reserves the right to suspend training until fees are paid up to date. It is the responsibility of the Parent/Guardian to pay the fees promptly.
- If a gymnast misses 3 consecutive sessions without any notice or reason, their space at the club may be at risk.
- If you are away for an extended period of time you will need to pay your child's monthly fee in order to ensure their continuing space at the club.
- Should you wish to leave the club; a period of 4 weeks' notice will need to be given with payments made up until the end of this period.
- Only Gymnasts, Coaching Staff and Club Officials are permitted to enter the Gymnasium during training sessions. If you have any concerns please speak to the Head Coach/Welfare Officer/Club Secretary at the end of the session.
- Parents/Guardians have the privilege of watching sessions from the balcony, but should not distract the gymnasts in any way. Should distractions occur, Matrix Gymnastics Academy reserves the right to close the balcony at any time.
- No photography/video is allowed in the gymnasium during training sessions without prior consent from the Head Coach/Welfare Officer. Please ensure you have read and understood the Club Photography Policy & Completed the relevant forms.
- Gymnasts are permitted to bring a bottle of water to their training sessions. These may be consumed in the designated areas and NOT within the Gymnasium. Please take rubbish home with you for disposal.